



JOSLYN RECREATION CENTER NEWSLETTER OCTOBER 2024

By now you may have noticed a new seasonal addition to the Joslyn Center, a VERY happy scarecrow named “The Magical Gardener” in our entranceway. If you look closely, you’ll see the gardener is dedicated to the memory of our late Treasurer, Joel Cehn. That’s because the Gardener represents what was the last of many personal donations that Joel made to the Joslyn Center over the years. In recognition of all the efforts and contributions Joel has made the Board renamed the main office the Joel Cehn Office and has ordered a plaque to be installed prominently in the office. His contributions to our Joslyn Center and its members will not be forgotten.

The search continues for new officers to staff the Board positions, and there is plenty of time for nominations before the November General Board Meeting. Please consider joining the Board. Make your interest known to one of the existing Board or to Karren in the Joel Cehn Office.

The Magical Gardener



CLUB NOTES: Bridge Club is Clean-up club in October

POKER CLUB: Poker Club is where you'll find fun and affordable poker at the Joslyn Center. Thursday Evenings at 6:15p we meet for Dealer's Choice cash games in the conference room. Our monthly tournament will be Saturday October 12 at 6:15 p in the Main Hall. Join us at the poker table! Questions? Contact Manya 805.927.5000 cell/text

SPIRIT DANCE AND DRUM CIRCLE: No experience is needed to enjoy a beautiful fall evening and a drum circle! Bring your own rhythm maker or borrow one of our loaners. Bring your own refreshments, and a small donation for the Joslyn Center. Our October full moon drum circle will be Monday October 14 at 6:30p in the Main Hall.

FISHING CLUB: Fishing Club represented the Joslyn Center Clubs at this year's Pinedorado Parade this past Labor Day weekend:





Friday Night Ecstatic Dance!

Inner Rhythm is a growing group of heart-centered-people who dance as a way of returning to our selves and to commune with each other.

For us the dance floor is a playground, a teacher, a healer.

There are no steps to follow, no right or wrong way to move, we dance to feel what is sacred through the movement of our bodies.

Inner Rhythm is a 70-90 minute dance journey. Every **Inner Rhythm** dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance-like lyrical rhythms dissolving into a quiet gentle stillness.

We finish with a short closing circle.

Every Friday 7:30 pm - Joslyn Center, 950 Main St., Cambria

\$5.00 admission • Vist us on Facebook

JOSLYNREC.ORG: For the complete Calendar and schedule for all clubs, check our JoslynRec.org. All times for Bridge Club, Table Tennis, Lawn Bowls, Cambria Chorale, Mah Jong, Rough Writers, Investment Club, Dance and Social Club, Lion's Club, and MORE!

See you at the Joslyn! Dave Stiles, 2024 Bd President